

List of treatments “à la carte”
SPA Center

Le Sabine


LE DUNE

Resort & SPA

★★★★

Hydrotherapy Area

Hydromassage Bath

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| • Hydro massage bath with essential oils | min. 30 | € 37 |
| • Hydro massage bath with sea salt and seaweed | min. 30 | € 37 |
| • Hydro massage bath with Sea salt and myrtle gel | min. 30 | € 40 |

Vichy Shower

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| • Vichy Shower (With cromo and aromatic therapy) | min. 15 | € 30 |
| • Massage under Vichy Shower | min. 30 | € 40 |

Body wraps

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| • Micronized seaweed detoxifying wrap | min. 30 | € 42 |
| • Sea mud from Dead Sea remineralising wrap | min. 30 | € 58 |
| • Lenitive and Hydrating body wrap (decongestant after sun) | min. 30 | € 48 |

Scrubbings

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| • Scrubbing and Sardinian lavender/elicriso flowers | min.30 | € 42 |
| • “Prelude Marin” with sea salt and sea mud from Dead Sea (Relaxing and skin beauty) | min.60 | € 72 |
| • Spices aromatic scrubbing (As from Java –Indonesia ritual, with spices and salt flowers) | min.30 | € 42 |
| • Scrubbing with Purée de Papaya (As from Siam – Thailand ritual, with natural papaye extracts) | min.30 | € 42 |
| • Oriental Scrubbing with black soap | min.30 | € 42 |

Body Treatments

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| • “Frigithalgo” local body wrap (Cellulite and circulation) | min.30 | € 41 |
| • Pressotherapy | min.30 | € 35 |
| • Pressotherapy with “Frigithalgo” (Venous and lymphatic drainage effect) | min.45 | € 58 |
| • Local body wrap “Thalgomince”(local anti-cellulite/slimming) | min.60 | € 77 |
| • Tonic seaweed body wrap (Slimming and circulation) | min.60 | € 68 |
| • Body wrap “Aromacéan” (Slimming and hydric retention with sea mud from Dead Sea and essential oils) | min.60 | € 72 |
| • Body treatment “Slim&Sculpt Expert”(Cellulite and firming) | min. 75 | € 85 |

Facial Treatments

Purifying

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| “Rituel de pureté” (purifying facial treatment) | min. 60 | € 58 |
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Hydrate and Treat

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| • “Aquarelle” – moisturizing | min. 60 | € 63 |
| • “Hydra Ressourçant” - moisturizing | min. 60 | € 68 |
| • “Froid Marin” – sensitive skin | min. 60 | € 63 |
| • “Océan”- for men | min. 60 | € 63 |

Firming and anti-age

• Exception” – anti age	min. 75	€ 96
• Facial collagen mask	min. 75	€ 80
• Facial and eye contour collagen mask	min. 90	€ 110
• “Thalgive” - Firming treatment	min. 75	€ 85

Special eye contour

Collagen mask	min. 30	€ 52
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BIO Treatment

“TERRE & MER” - soothing or anti-aging	min. 75	€ 80
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Massages

• Relaxing back massage	min. 30	€ 42
• Relaxing massage with essential oils from Sardinia	min. 60	€ 68
• Sport massage	min. 60	€ 73
• Draining legs massage	min. 30	€ 42
• Anticellulite massage	min. 30	€ 45
• Californian massage	min. 30	€ 42
• Californian massage	min. 60	€ 68
• Sardinian massage	min. 30	€ 42
• Shiatsu massage	min. 60	€ 78
• Thai massage	min. 60	€ 78
• Reflexology foot massage	min. 30	€ 45
• Stone massage	min. 60	€ 78
• Balinese massage	min. 60	€ 78
• Ayurvedic massage	min. 60	€ 78

On Request and upon availability some massages can be arranged for 2 guests.
Extra charge 10,00 euro per person.

Beauty and Wellness Rituals

Happiness for two in Sardinia (price per person)	min. 120	€ 120
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Hammam, scrubbing with salt and Sardinian lavender/elicriso flowers 30 min.
Relaxing Californian “Duo” massage 60 min.

Sand bath (July and August)	min. 90	€ 30
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Hammam, Sensorial Circuit, Vichy Shower with chromo and aroma therapy,
Sun bath, Sand Bath, “Reaction”, Warm Shower Circuit)

Facial care - massage "Rituel Fleurs de Bali"	min. 45	€ 62
Complete facial and back treatment as from Balinese Ritual.		
"Riche de jeunesse". Facial care - massage	min. 90	€ 100
Energising and firming treatment using traditional Chinese medicinal herbs: hibiscus, sesame, ginseng and lotus blossoms. Followed by a specific, toning anti wrinkle massage, a true natural lifting.		
Facial massage KOBIDO	min. 30	€ 42
Energising and firming care massage.		
"Maghreb" ritual	min. 150	€ 150
Turkish bath, scrubbing with Beldi black soap, body wrap with "crème de rassoul" and traditional oriental massage with warm oriental oil 60 mm		
"Ayurvedic" ritual	min. 90	€ 104
Aromatic scrubbing and ayurvedic massage.		
"Siam" ritual	min. 120	€ 170
Aromatic bath with essential oils, scrubbing with "purée de papaye", "Balinese massage" with "baume fondant aux noix tropical" 60 min.		
"Brasilian" ritual	min. 60	€ 82
Treatment and slimming massage with "crème de café" and draining body wrap with ochre clay and seaweed.		
"Indocéane" ritual	min. 150	€ 175
A pleasant sea journey to discover the oriental fragrance and marine treasures (Fresh & salt scrubbing, Cleopatra's milk bath, warm oil indian massage, subliminal body wrap).		

Experiences SPA (lasting several days)

Expériences du SPA® «Rituel de jeunesse®»	2 days	€ 195
Facial-care massage « Riche de Jeunesse » 1h30 min. Facial massage « Riche de Jeunesse » 30 min. Ayurvedic massage 60 min.		
Expériences du SPA® «Rituel Fleurs de Bali®»	2 days	€ 165
Scrubbing with Purée de Papaye 30 min. Balinese massage with Baume fondant aux noix tropicales 60 min. facial care-massage Rituel Fleurs de Bali 45 min.		

Expériences du SPA® «Rituel de Bien Etre»

3 days € 208

Spices aromatic scrubbing 30 min.
Traditional oriental massage 30 min.
Facial care-massage Fleurs de Bali 45 min.
Ayurvedic massage 60 min.

Other Treatments

Hand and foot beauty

- Standard manicure € 27
- French manicure € 32
- Standard pedicure € 32
- French pedicure € 37

Waxing

- Legs and thighs € 32
- Legs/Total Bikini/Arms and forearms € 21
- Forearms/Bikini € 17
- Back/Chest € 21
- Lips/Chin/Armpits € 11
- Eyebrows € 16

Fitness

- Cardio – fitness lesson with Personal Trainer min. 60 € 62
- aqua – fitness lesson (group) min. 30 € 20
- Stretching lesson (group) min. 30 € 20



SPA Center Le Sabine

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If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price

Rates (inclusive of VAT) subject to change by Delphina Management

Treatment duration is relative to cabine

Subscriptions to "Wellness Circuit", or to the treatments, will be proposed at the Reception Desk

No children under 15 years are allowed. Children over 15 years must be attended by an adult or have a written authorization.