

List of treatments “à la carte”  
Thalassotherapy & SPA Center

*Venere*

## Hydrotherapy Area

### Hydromassage bathes

- Hydromassage bath with essential oils min. 30 € 37
- Hydromassage bath with sea salt and seaweeds min. 30 € 37
- Hydromassage bath with Sea salt flowers and BIO myrtle gel min. 30 € 40
- Hydromassage bath “Cleopatra” with precious milk min. 30 € 37
- Hydromassage bath “Polynesia” - Lagoons Water min. 30 € 40

### Jacuzzi

- Jacuzzi with marine mineral salt min. 30 € 30

### SPA Jet

min. 30 € 48

- Multi - sensorial system (hydro-massage - vibrating massage - aromatherapy - music therapy - trace element therapy - chromo-therapy)

### Siesté

min. 60 € 74

- Sensorial immersion in water and a specific massage for the body and soul harmony massage

### Body wraps

- Micronized seaweed detoxifying wrap min. 30 € 42
- Sea mud of Dead Sea remineralising wrap min. 30 € 58
- Smoothing and hydrating body wrap (calming after a sun bath) min. 30 € 50

## Scrubs

- Scrub with Sardinian salt, plants and essences min.30 € 42
- Treatment “Prelude Marin”: body scrub min.60 € 72  
with sea salt and sea mud (Relaxing and skin beauty)
- Scrub “Indocean” – Sweet /Salty (Brown sugar, salt min.30 € 42  
and Mediterranean essential oils). Relaxing, purifying and nourishing
- Scrub “Thalgomince” (Caffeine and seaweeds) min.30 € 42  
Prepares the skin for slimming and anti-cellulite treatments
- Spices aromatic scrub min.30 € 42  
(as from a ritual of Java – Indonesia, with spices and salt flowers)
- Scrub “Polynesia” min.30 € 42  
coconut shells, white sand of Bora Bora, Tahitian vanilla and sea salt
- Scrub with Purée de Papaya min.30 € 42  
(as from a ritual of Siam – Thailand, with natural papaya extracts)
- Oriental Scrub with black soap min.30 € 42

## Body treatments

- Thalgoslim session min.30 € 77  
(Slimming, light legs or back relaxing programme)

• “Frigithalgo” local body wrap (Cellulite and circulation)	min.45	€ 45
• “Gel Mineralg” body wrap – Drainage and detoxifying	min.60	€ 68
• Pressotherapy	min.30	€ 35
• Pressotherapy with Gel Mineralg (Venous - lymphatic drainage effect)	min.45	€ 58
• Local body wrap “Thalgomince LC24” (cellulite/slimming)	min.60	€ 77
• “Paste Mineralg” body wrap – Slimming	min.60	€ 68
• Body wrap “Aromacean” with sea mud of Dead Sea and essential oils (Slimming and retention)	min.60	€ 72
• Body treatment “Slim & Sculpt Expert”	min.75	€ 85

## Face treatments

### Purifying

• “Rituel de pureté” (total purifying face treatment)	min. 60	€ 58
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### Hydrate and Treat

• “Aquarelle” Energizing – rebalancing	min. 60	€ 63
• “Hydra Mask”- hydrating	min. 60	€ 68
• “Froid Marin” – sensitive skin	min. 60	€ 63
• “Collagen mask for face” – hydrating, first wrinkles	min. 75	€ 80
• “Collagen mask for eyes and face” - hydrating, first wrinkles	min. 90	€ 110

### Lifting and anti-age

• Face Treatment “Marin Silicon and hyaluronic acid” anti-ageing and lifting	min. 75	€ 85
• “Exception” – anti age	min. 75	€ 96

### Special eye contour

• Collagen mask	min. 30	€ 52
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### BIO Treatment

• “TERRE & MER” Sensitive skin or anti-aging	min. 75	€ 80
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## Special for men

### Face

• “Océan Men” Moisturizing and regenerating facial care with vital blue seaweed	min. 60	€ 63
• “Force Mineral” anti-aging facial care. Facial relaxing massage that gives energy to the cells and helps to restore the natural radiance features	min. 60	€ 70

### BODY

• “Contour Mineral” Modelling and firming localized body treatment	min. 90	€ 110
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## Massages

• Face massage	min. 30	€ 43
• Relaxing back massage	min. 30	€ 43
• Relaxing massage with essential oils from Sardinia	min. 60	€ 70
• Sport massage	min. 60	€ 78
• Draining legs massage	min. 30	€ 43
• Anticellulite massage	min. 30	€ 45
• Californian massage	min. 30	€ 43
• Californian massage	min. 60	€ 68
• Shiatsu massage	min. 60	€ 78
• Thai massage	min. 60	€ 78
• Reflexology foot massage	min. 30	€ 45
• Hot stone massage	min. 60	€ 78
• Balinese massage	min. 60	€ 78
• Ayurvedic massage	min. 60	€ 78
• Polynesian massage “mahana” with hot sandbags	min. 60	€ 80

## Beauty and Wellness Rituals

<b>Happiness for two in Sardinia (price per person)</b>	min. 90	€ 95
Jacuzzi and Relaxing Californian “Duo” Massage		
<b>Face care - massage “Rituel Fleurs de Bali”</b>	min. 45	€ 62
Complete face treatment as from a Balinese Ritual		
<b>“Riche de Jeunesse” Face care - massage</b>	min. 90	€ 100
Energizing and firming treatment with Chinese traditional medicinal plants: hibiscus, sesame, ginseng and lotus. Followed by a specific, toning anti wrinkle massage, a true natural lifting		
<b>Face massage “KO BI DO”</b>	min. 30	€ 43
Energizing and firming care massage		
<b>Ritual from “Maghreb”</b>	min. 150	€ 150
Turkish bath, scrub with black soap, body wrap with Rassoul and oriental massage with traditional oil		
<b>“Ayurveda” Ritual</b>	min. 90	€ 110
Aromatic scrub and Ayurveda massage		
<b>Ritual from “Siam”</b>	min. 90	€ 110
Purée de papaya scrub and Balinese massage with a balm of tropical nuts		

**“Brazilian” Ritual**

min. 60 € 82

Treatment and slimming massage with “coffee cream” and draining body wrap with ochre clay and seaweeds

**“Indoceane” Ritual**

min. 150 € 175

A pleasant sea journey to discover the oriental fragrances and the marine treasures (Sweet & salt scrub, Cleopatra’s milk bath, indian massage with warm oil, subliminal body wrap)

**“Polynesian” Ritual**

min. 120 € 120

Scrub Taha’a Island, hydromassage bath of lagoon waters and massage “Mahana” with hot sandbags

On Request and if available some treatments can be arranged for 2 persons. Supplement 10,00 euro per person (Per treatment).

**Beauty services****Hand and foot beauty**

- Manicure € 30
- French Manicure € 35
- SPA Manicure € 60
- French SPA Manicure € 65
- Pedicure € 35
- French Pedicure € 40
- SPA Pedicure € 70
- French SPA Pedicure € 75
- Manicure & Pedicure € 60
- French Manicure & French Pedicure € 70
- SPA Manicure & SPA Pedicure € 110
- French SPA Manicure & French SPA Pedicure € 120
- Nail varnish € 13

**Waxing**

- Legs and thighs € 40
- Eyebrows € 17
- Upper Lip € 17
- Chin € 17
- Armpits € 17
- Forearms € 17
- Bikini € 17
- Half Legs € 25
- Total Bikini € 25
- Arms and forearms € 25
- Back € 25
- Chest € 25

**Fitness**

- Acqua – fitness session (group class) min. 30 € 20
- Stretching session (group class) min. 30 € 20



**Thalassootherapy & SPA Center Venere**  
**Tel. +39 079 694166 - dial from your room 420**

**If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price**

Rates (inclusive of VAT) subject to change by Delphina Management

Treatment duration is relative to cabine

Subscriptions to "Wellness Circuit", or to the treatments, will be proposed at the Reception Desk

No children under 15 years are allowed. Children over 15 years must be attended by an adult or have a written authorization.